



**Date:** November 14, 2002

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**EMPIRE 8 ANNOUNCES VOLLEYBALL ALL-CONFERENCE TEAM  
Nazareth's Mother and Daughter Repeat Individual Honors**

**ROCHESTER, NY** – The Empire 8 announced its 2002 Volleyball All-Conference teams headlined by Nazareth College's mother/daughter tandem of Linda and Christa Downey, the conference's Coach of the Year and Player and of the Year, respectively. It was the second consecutive year that the duo took home the top honors.

Christa Downey, a senior outside hitter, led Nazareth to the conference title with 985 kills (7.8 per game), 582 digs (4.6 per game) and a .407 hitting percentage overall. Linda Downey has led the Golden Flyers to a 34-5 record and the top seed in the New York Region in the NCAA Division III tournament.

RIT's Chris Anabel, a first-year outside hitter, was named the conference Rookie of the Year. She averaged 2.9 kills and 3.3 digs per game in helping the Tigers finish third in the conference and earn a bid to the ECAC tournament.

**Empire 8 2002 Volleyball All-Conference Awards**

**Player of the Year:** Christa Downey, Nazareth College

**Rookie of the Year:** Chris Anabel, RIT

**Coach of the Year:** Linda Downey, Nazareth College

**First-Team**

<b>Name</b>	<b>Yr.</b>	<b>School</b>
Alicia Boscarello	Jr.	Elmira College
Christa Downey	Sr.	Nazareth College
Tricia Jones	So.	Nazareth College
Ashley Mogan	Jr.	Nazareth College
Jessica Raymond	Sr.	Ithaca College
Katie Sander	Sr.	RIT

**Second-Team**

<b>Name</b>	<b>Yr.</b>	<b>School</b>
Sarah Ballard	So.	RIT
Jennifer Crout	Jr.	Elmira College
Janet Hammond	Jr.	Ithaca College
Erin Pellegrin	Jr.	St. John Fisher College
Julia Roth	So.	Ithaca College
Chrissy Wren	Jr.	St. John Fisher College

**S P O R T S   I N F O R M A T I O N   D I R E C T O R**